

CORNERSTONE 2022 RESOURCE

We Made A Cabin Brit...Now What?

Elective 1

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SUMMARY:	In this session we will explore the creation process of a cabin brit, different strategies to ensure that a cabin brit is a living document for campers, and how to empower campers to be their best selves in and out of their cabin.
ABC GOALS:	<p>Affective: Participants will feel...</p> <ul style="list-style-type: none"> Prepared to write a brit that is accessible, inclusive and a living document. <p>Behavior: Participants will be able to...</p> <ul style="list-style-type: none"> Reflect on past brit making experiences. Plan for future brit making opportunities. <p>Cognitive: Participants will know...</p> <ul style="list-style-type: none"> How a brit can become a living document.
AUDIENCE:	This program is for cabin counselors. Ideal size is 15-25 participants.
TIMING:	60 Minutes
APPENDICES:	Appendix A-Scenarios- Elective 1 Appendix A.docx
MATERIALS NEEDED:	Projector, laptop, wall post its, regular post its, writing utensils, 15-20 copies of Appendix A
SET-UP DETAILS:	A big room where everyone can sit and hear each other comfortably. Additional space for break out groups as well.

SESSION TIMELINE

- 00:00-00:15 Introduction/Framing
- 00:15-00:25 Brit Writing
- 00:25-00:40 Scenario Activity
- 00:40-00:50 Scenario Reflection
- 00:50-1:00 Bringing This Back to Camp/Final Reflection

SESSION OUTLINE:

00:00-00:15 Introductions/Framing

Introduce the elective, offer some framing and have participants go around and introduce themselves (names, pronouns and what camp they're from) and answer a silly mixer question.

Then share this video - <https://www.youtube.com/watch?v=l0jgcyfC2r8> (Video of teacher greeting every student with a personalized handshake). Ask participants to reflect on how this video might connect to making a brit in a cabin.

00:15-00:25 Make a Brit

Have participants make a Brit for this session of learning together. Use a wall post it to write the Brit on and make sure to put it somewhere where everyone can see

00:30-00:45 Scenario Activity

Have participants get into smaller groups. The groups will have different ages assigned to them (younger campers vs older campers). Each group will receive a few camp scenarios and participants will discuss how they would approach this scenario using the brit we just made--encourage participants to use specific brit items when working through their scenarios.

00:45-00:55 Scenario Reflection

Bring all participants back. Have participants look at their Brit again and have them reflect on how realistic, sensible, etc. it was to use in these scenarios.

Discussion Questions-

How did the Brit help in the scenarios?

What would you change about the Brit now that you've actually had to use it?

00:55-1:15 Bringing This Back To Camp/Final Reflection

Share examples of how you can bring this back to camp and invite participants to share their thoughts and reflections for bringing this back to camp using another wall post it.

Reflection Questions-

What are some phrases or values at your camp that can tie into creating brits into livable documents for your cabins?

How do you see yourself ensuring that a brit is a habitual living document for your cabin?

Ask participants to relate this quote (on a wall post it) to camp for a final reflection by writing down their reactions on a small post it and sticking it on the wall post it.

“When we create a strong, healthy container, students feel connected to themselves and one



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another. They trust that their classroom is a place where they can learn, grow and take risks. We create this container by intentionally building community through a series of lessons that take students deeper into self knowledge, giving them opportunity to share their stories, passions, and hearts in a variety of ways.”-Jeffrey Kress

Let anyone share or read a few of the small post it reflections out loud.

BRINGING IT TO YOUR CAMP:

- This session could be led during staff week by unit heads or during a time where there's only cabin counselors in the room. Also could be great for a mid summer staff training as a refresher course!