

Hey Will You Make Me A Friendship Bracelet?

Start Your Day

AUTHOR(S):	Rachel Dubowe
SUMMARY:	In this session we will creatively express our goals and commitments for Summer 2022 using the classic camp craft of friendship bracelet string.
ABC GOALS:	<p>Affective: Participants will feel...</p> <ul style="list-style-type: none"> Motivated and inspired for Summer 2022 through a tangible craft <p>Behavior: Participants will be able to...</p> <ul style="list-style-type: none"> Connect their Summer 2022 goals to their friendship bracelet Gain a physical reminder of their Summer 2022 goals <p>Cognitive: Participants will know...</p> <ul style="list-style-type: none"> Their Summer 2022 personal goals and intentions
AUDIENCE:	This program is for any camp staff member. The ideal size is 20-30 participants.
TIMING:	45 Minutes
APPENDICES:	SYD Appendix A.docx
MATERIALS NEEDED:	Friendship bracelet string, scissors, blue tape, safety pins, 15 color copies of Appendix A, paper, writing utensils
SET-UP DETAILS:	In a space where there's room for everyone to sit comfortably



CORNERSTONE 2022 RESOURCE

SESSION TIMELINE

- 00:00-00:15 – Introductions/Framing
- 00:15-00:45-Friendship bracelet making time!

SESSION OUTLINE:

00:00-00:15 – Session leader introduces session, has everyone go around introduce themselves (name, pronouns, favorite skill they learned at camp).
Session leader hands out Appendix A and participants write at least 3 intentions and goals using the verbs and colors on the sheet. Have participants turn their neighbor and share at least one of their goals/intentions.

00:15-00:45 Participants engage in friendship bracelet making according to their goals and colors!

BRINGING IT TO YOUR CAMP:

This could definitely be used as a cabin time activity with campers as well!