

CORNERSTONE 2022 RESOURCE

Crafternoon: 5 Minute Crafts for your Cabin
Energize your Day

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SUMMARY:	In this session we will: learn a few quick, fun, back-pocket projects for building community, keeping kids busy during down time, or just bringing more general adorable craftiness into your summer!
ABC GOALS:	<p>Affective: Participants will feel....energized by some quick craft activities</p> <p>Behavior: Participants will be able to...adapt the craft activities for a variety of program scenarios back at camp</p> <p>Cognitive: Participants will know...the value of crafting as a programmatic modality</p>
AUDIENCE:	This is for any age or group size
TIMING:	This session is written for 45 minutes, but can be done in pieces – in as little as 5 – or stretched out for multiple hours!
APPENDICES:	Craft Instructions are Below
MATERIALS NEEDED:	Chalk markers, leaves, yarn, mini popsicle sticks, sharpies, origami paper, printer paper, pens/pencils
SET-UP DETAILS:	When participants arrive, have them sit at 4 tables or in 4 circles in groups

SESSION OUTLINE:

- 1) Welcome & Intros – Why Crafts? (2 min)
 - a. Ask for a few volunteers to help brainstorm the benefits of crafting (energizing, relaxing, bonding, beautifying, confidence building, etc.)
 - b. In the Torah, we learn about Bezalel, who was named the chief artisan of the Israelites. It was his job to actually build and construct the tabernacle and the ark of the covenant – not only was his art beautiful, but his work was central

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to the practice of Jewish faith, and to the gathering of the Israelite people. Art has the power to do what we do at camp – to inspire, to peak curiosity, to challenge, and to bring people together.

- 2) Group Opening Activity – Contour Drawing (10 min)
 - a. This activity is a short warm-up drawing exercise called blind contour drawing. Blind contour drawing is where an artist draws the contour of a subject without looking at the paper. The artist fixes their eyes on the outline of the model or object, then tracks the edge of the object with their eyes, while simultaneously drawing the contour very slowly, in a steady, continuous line without lifting the pencil or looking at the paper.
 - b. Give each participant a writing/drawing utensil and a piece of paper. Ask them to identify a person sitting across from them at the table – this is the subject of their blind contour portrait.
 - c. Place the point of your pencil on the paper. Imagine that your pencil point is touching the model instead of the paper.” Once you’re convinced that the tip of the pencil is synonymous with the sight of the eye slowly follow the contour of the model across the surface of the page your pencil on the paper.
 - d. After 3-5 minutes (which is a long time to do this!) tell everyone to put down their pencils and ask for initial reactions – who found it hard to not look at their paper? To not pick up their pencil? What was this experience like?
 - e. This activity is a metaphor! We draw from memory or expectation - what we think it’s supposed to look like, and not what we actually see. A mistake beginner artists make is taking their eyes off of their subject for long periods of time and simply focusing on their canvas. For example, an artist drawing a still life of bananas might only glance up at the bananas for a mere second before returning their eyes to the page. This method of looking down too much results in artists drawing from memory, rather than life. In our work at camp, and in life, we can’t forget to LOOK UP!
 - f. This is such a beautiful metaphor for life and how we connect with each other, right? We often make assumptions about other people - each other, our campers, and their past experiences. We forget to LOOK UP and see what might be right in front of us because we’re too stuck in old patterns, or too awkward to step out of our comfort zones.
 - g. With your partners - share, what’s something people here don’t know about you yet? Fun fact, interesting experience you’ve had, an opinion you have, anything.
 - h. Crafts are fun in them of themselves, and they are also a vehicle for the powerful work we are doing here at camp.

- 3) Crafts & Program Design (10 min)
 - a. Assign each of the 4 groups a different craft (below). Give them a few minutes to complete the craft, and to brainstorm 2-3 programmatic ideas for how they might use the craft back at camp with their cabin.



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- b. Use the following scenarios as inspiration:
 - i. First night of camp
 - ii. Last night of camp
 - iii. Poor cabin dynamics
 - iv. Shabbat
 - v. Bedtime
 - vi. Midsession bonding

- 4) Presentations (10 min)
 - a. Ask each group to present their craft for 2 minutes and share how they might use it with the group!
- 5) Free craft time (20 min)
 - a. Participants have time to visit each of the craft tables and to create any of the 4 projects that are catching their eye.

Craft Instructions



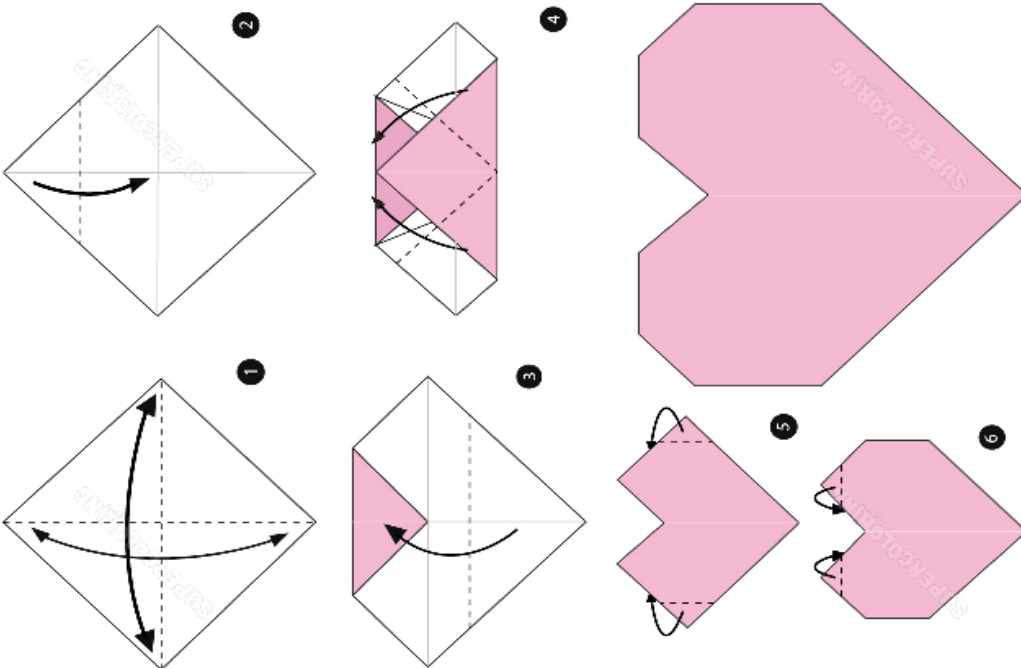
Nature Mandalas

I love using chalk markers because they are opaque, you can wipe them off with your finger (and some spit/water), they dry quickly, and they are super easy for kids to use.

A mandala is a spiritual and ritual symbol in Asian cultures. It can be understood in two different ways: externally as a visual representation of the universe or internally as a guide for several practices that take place in many Asian traditions, including meditation. In Hinduism and Buddhism, the belief is that by entering the mandala and proceeding towards its center, you are

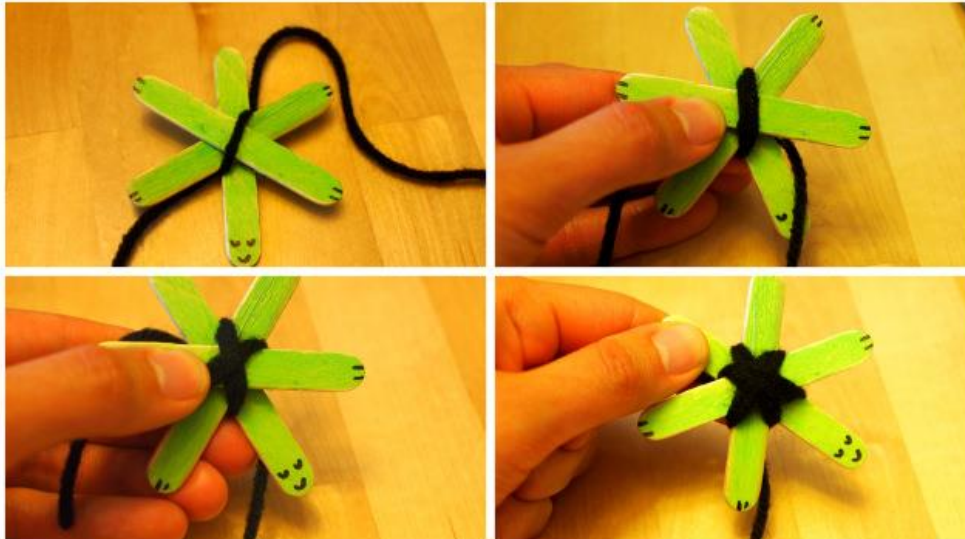
guided through the cosmic process of transforming the universe from one of suffering into one of joy and happiness.

Origami Hearts



Adorable Mini Turtles

1. Take 3 mini popsicle sticks and cross them into a star.
2. Tie on a piece of long yarn. Make sure to leave a bit of excess yarn so that you can tie the last piece of yarn with the first piece of yarn at the end.
3. Wrap the yarn around the turtle (across the center), making sure to cover the middle portion. Wrapped it around 2-3 times each time.
4. Then, begin to weave – place the yarn over a popsicle stick, wrap it around once, and then place the yarn over the next popsicle stick, and wrap it around... repeat!
5. To change colors, simply tie on another piece of yarn



8-PAGE ZINE

