

### Putting the YOU in Unique: Using your uniqueness to your advantage

*Fellows Elective 2*

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<b>SUMMARY:</b>	In this session we will use different artistic modalities and texts to explore our 'facilitator voices' and hone in on the methods that give us the most confidence when leading a group.
<b>ABC GOALS:</b>	<p><b>Affective:</b> Participants will feel...</p> <ul style="list-style-type: none"> <li>• Empowered to explore their own facilitator voices/superpowers</li> <li>• Confident in knowing they already have the skills they need to command a room</li> <li>• Energized to find the Torah within themselves</li> </ul> <p><b>Behavior:</b> Participants will be able to...</p> <ul style="list-style-type: none"> <li>• Hone in on their different facilitator superpowers</li> <li>• Build upon their existing potential as leaders</li> </ul> <p><b>Cognitive:</b> Participants will know...</p> <ul style="list-style-type: none"> <li>• They have so much to offer their campers and beyond</li> <li>• They can always revisit, revise, remove, and/or add a technique to their toolbelt</li> <li>• Their unique way of interpretation is their superpower</li> </ul>
<b>AUDIENCE:</b>	Target age range is 13 and up; between 15-20 people
<b>TIMING:</b>	60 minutes
<b>APPENDICES:</b>	<a href="#">Vision Statement Prompts</a> - 1 pp <a href="#">Source Sheet</a> - one
<b>MATERIALS NEEDED:</b>	<ul style="list-style-type: none"> <li>- An array of art supplies -- different kinds of colored paper/white paper, glue sticks, markers, crayons, paints, scissors, other art supplies available</li> <li>- Writing utensils for all</li> </ul>
<b>SET-UP DETAILS:</b>	This can take place really anywhere as long as there are spaces to write and create art comfortably

### PREP --

Session leader will take the source sheets and cut the quotes into strips. The last page is for the session leader with all the quotes on one page

### SESSION TIMELINE

- 00:00-00:05 – Introductions, Goals, Intentions, Agenda
- 00:05-00:10 – Icebreaker
- 00:10-00:15 – Vision Statement Exploration
- 00:15-00:30 – Creative Exploration with Text
- 00:30-00:50 – Show Us What You Got
- 00:50-01:00 – Debrief/Connect Back to Camp

### SESSION OUTLINE:

#### 00:00-00:05 – Introductions/Goals/Intentions/Agenda

Session leader will welcome everyone and then introduce self with name, pronouns if comfortable sharing

Goal: In this session we will use different artistic modalities and texts to explore our 'facilitator voices' and hone in on the methods that give us the most confidence when leading a group.

Growth and Learning Mindset

Take Space/Make Space

Take Lessons, Leave Stories

Trust Intent, Tend Impact

Prepare for Non-closure

Stay present/Self-regulate

Have Fun!

What else? Participants can add their own intentions here

Introductions, Goals, Intentions, Agenda

Icebreaker – Favorite superhero – why/what's their superpower?

Vision Statement Exploration

Creative Exploration with Text

Show Us What You Got

Debrief/Connect Back to Camp

#### 00:05-00:10 – Icebreaker

Session leader will share the following prompt: *Take 20 seconds to think about your favorite superhero. Why did you choose who you chose? What's their superpower?* After about 20 seconds, the facilitator will then prompt the participants to share:

*Who'd like to share who their superhero is? Why did you pick this specific superhero? What's their superpower? Before sharing, tell us your name and pronouns if you'd like to share them.*

Have 4-5 folks share.

#### 00:10-00:25 – Vision Statement Creation

## CORNERSTONE 2022 RESOURCE

Session leader prompts the participants with: *Each of you brings your own unique lens, experiences, and superpowers to your bunks and in moments when you're facilitating at camp and beyond; it's what makes working with each of you so special. There's no 'one right way' to teach a lesson or interpret a text. Think about the old expression "two Jews, three opinions" -- each of us uses our own ways of thinking and how approach problem-solving differently. Each of you is going to create an inspirational vision statement that will outline your unique superpowers as a facilitator and will help you find the places where you have even more potential to grow.*

*First, we're going to do a brainstorming session to dust off the cobwebs and to get your brain-wheels turning. Then we'll take time to write out our actual statements.*

Pass out Creation Handout with prompts on them – participants will have 5 minutes to complete the prompts

1. Think of and list as many of your favorite camp counselors, unit heads, directors, mentors, teachers, babysitters, siblings, cousins, etc.
2. Using the list you just created, think of and list the traits you admire about them.
3. What's one thing you've learned from someone on your list? Why do you think this particular lesson stuck with you?
4. What are *your* superpowers? Both as a facilitator and beyond. *Ex: great listener, making friends, ability to connect with people in different ways*
5. Name 1-3 leadership/facilitator skills you want to work on and why they are important to you.

After five minutes, prompt the participants to write their vision statements – there's space on the back of the Creation Handout:

*Now take five minutes and write your vision statement. This vision statement should lay out not only the facilitation skills you are confident in and good at but also the skills you want to grow. Explain why you chose the skills you did. What inspires you? What's your potential? Why do you want to grow those skills specifically? You can use the answers from the brainstorm prompts or you can scrap them and write something completely different. You'll use this as a guide for the next part of this session. The goal of this is to envision what living your ideal/dream facilitator life would look like, drawing on the strengths you already have. These statements are for you only. You won't share these with anyone (unless you want to).*

### **00:25-00:35 – Creative Exploration with Text**

*How would Superman would approach a human in distress vs Batman vs Wonder Woman vs Spiderman vs Iron Man, etc? They all have the same end goal: Save this human. But their approaches are different and play to their strengths.*

The session leader begins with this prompt: *Each of you is going to get a text to teach us about in a mini, one-minute lesson. Use your vision statement as inspiration! Be creative! You can show us this text through spoken word poetry, song, dance, visual art, or something completely different! Draw on your strengths to find the most compelling way to teach us about your text. You will have one minute to show us what you got!*

When passing out the texts, make sure multiple people get the same one. They will have 10 minutes to create their 1-minute lesson.

## CORNERSTONE 2022 RESOURCE

After 9 minutes, give a one-minute warning. At 10 minutes, session leader prompts:  
*Welcome back. How'd that feel? Did you use your vision statements? What came up for you as you were creating?*

### **00:35-00:50 – Show Us What You Got**

Session leader prompts: *Now each of you will have the opportunity to share your 1-minute creation/mini lesson with the group. A minute is fast! You may not get to tell us everything but show us a snapshot of how you'd present it if you had more time. I'd love to see at least three interpretations of each of the texts.*

**Notes:** No one is required to share. Keep time on your phone. If folks need a little motivation, they can share their process instead of teaching the lesson but encourage them to move a bit outside their comfort zone and remind them there's no 'right' answer. You can also offer folks to share their vision statement/part of their statement instead if needed to encourage participation.

### **00:50-01:00 – Debrief/Connect Back to Camp**

Session leader prompts for a closing discussion:  
*How did that feel to share your mini lesson?*  
*What, if anything, felt challenging about today's session?*  
*What are you excited to bring back to camp?*  
*What skill are you motivated to work on?*  
*How can you use what you did today with your campers?*

### **BRINGING IT TO YOUR CAMP:**

- You can switch out the texts to match whatever theme you're working with
- If you have more time, you can give folks more than 1 minute to present their mini lessons