

CORNERSTONE 2022 RESOURCE

Breakfast and Broadway Bops

Start Your Day

AUTHOR(S):	Dubbs Weinblatt
SUMMARY:	In this session we will nosh while we listen to quintessential Broadway songs about growth and discover the Torah in each bop.
ABC GOALS:	<p>Affective: Participants will feel....</p> <ul style="list-style-type: none"> • Excited about different Broadway songs about growth • A deeper connection to Broadway songs and their meanings <p>Behavior: Participants will be able to...</p> <ul style="list-style-type: none"> • Name a handful of Broadway songs about growth • Begin to understand/deepen their knowing that there's Torah in everything • Connect themes of different songs and shows together <p>Cognitive: Participants will know...</p> <ul style="list-style-type: none"> • How to run at least one fun improv ice breaker • There are/can be deeper meanings to the art we consume
AUDIENCE:	Ages 10 and older (adjust songs/themes accordingly), any size group
TIMING:	45 minutes
APPENDICES:	Growth Through Broadway source sheet
MATERIALS NEEDED:	A device to play/look up music A speaker Breakfast, coffee, tea, water
SET-UP DETAILS:	Any space where folks can sit comfortably for a discussion and hear the music.



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SESSION TIMELINE

- 00:00-00:05 – Welcome and Grab Food/Coffee
- 00:05-00:10 – Introductions/Intentions/Agenda
- 00:10-00:15 – Icebreaker
- 00:15-00:40 – Broadway songs and Lyrics Discussion
- 00:40-00:45 – Closing with Improv Game

SESSION OUTLINE:

00:00-00:05 – Welcome and Grab Food/Coffee

Session leader greets folks and encourages folks to grab coffee, tea, breakfast, water and find a comfortable spot. While folks are settling, play Broadway tunes of choice

00:05-00:10 – Introductions/Intentions/Agenda

As folks are finished settling and are eating, session leader introduces self with name, pronouns if comfortable and then will go through intentions and agenda

Agenda

Intentions

Icebreaker

Broadway songs and Lyrics Discussion

Closing with Improv Game

Intentions/Kavanot

Take Space/Make Space

Take Lessons, Leave Stories

Trust Intent, Tend Impact

Stay present/Self-regulate

Have Fun!

What else? Participants can add their own intentions here

00:10-00:15 – Icebreaker

Session leader prompts: *We're going to do a quick icebreaker. Let's go around and everyone share their name, pronouns if they're comfortable and their all-time favorite Broadway show.*

00:15-00:40 – Broadway songs and Lyrics Text Study

Session leader prompts: *We're going to explore the idea of 'growth' through Broadway songs.* Session leader passes out the Broadway Bops source sheet. Explain that as a group you'll listen to the three songs on the source sheet and have a mini text study after each. There will be time for a few suggestions from the group. If no one has a suggestion, there's a fourth song on the source sheet that can be used.

Text Study Questions (feel free to change/use/make up your own)

"I am Changing" – Jennifer Hudson from Dreamgirls

- How does this song represent growth?
- What's the difference between growth and change? How do these words relate to each other?
- Where is the protagonist finding support?
- What else?

“For Good” by Kristin Chenoweth and Idina Menzel from Wicked

- How does this song represent growth?
- Where do the protagonists find support?
- How is change represented in this song?
- What else?

“When I Grow Up” Cast of Matilda from Matilda

- How does this song represent growth?
- How are the children’s dreams and the adults’ dreams the same? Different?
- What do you notice about the children’s dreams?
- What else?

If needed: “Move On” – Mandy Patinkin and Bernadette Peters from Sunday in the Park with George

- How does this song represent growth?
- What’s the struggle in the song?
- Where does the support in this song come from? What does it look like?
- What else?

Closing questions

- What are common themes among the songs?
- What feelings do these songs leave you with?

00:40-00:45 – Closing with Improv Game

Depending on the energy of the room, you can pick one of two closing games:

Hot Spot – Everyone gets in a circle and session leader gives the group a suggestion of a word. Whoever thinks of a song that is inspired by that word steps in the middle and starts singing the song – if folks on the outside circle know the song, they are encouraged to sing along so the person in the middle isn’t singing alone. As they are singing, as soon as someone is inspired by something in *that* song, they go into the circle, make eye contact with the current ‘hot spot’ singer and then they switch. Now the new song is sung and everyone who knows it sings along, etc.

Example: Suggestion is Sunshine so Jimi steps into the middle and starts singing ‘you are my sunshine’ and everyone joins in. As soon as the song gets to ‘my only sunshine’ Cory on the outside is inspired, makes eye contact with Jimi and Jimi goes back to the circle and Cory starts singing ‘the only one’ and everyone sings along.

Or

One Word at a Time Lyric – As a group, you will build a song lyric one word at a time. Everyone is in a circle and someone starts with one word of a phrase and then the next person says the next word to build the lyric. The sentences should make sense and not just be random words. Remind participants that they have to listen carefully to what’s being said before them so they know what would make sense to come next; planning ahead in this exercise doesn’t work. Once the lyric feels complete, the next person will say “Song Title” and then the next person will name the song based on the lyric that was just created.



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BRINGING IT TO YOUR CAMP:

- Feel free to pick any songs and/or any theme besides 'growth'
- If you have a group of 20 or more, break groups into smaller groups for small discussions instead of one large one
- This can be done at any mealtime OR not around meal at all