

Non verbal facilitation skills

Elective 2

AUTHOR(S):	Tomer Moked
SUMMARY:	Non verbal facilitation skills - Fellows will learn how to work the room
ABC GOALS:	<p>Affective: Participants will feel...</p> <ul style="list-style-type: none"> • Comfortable and confident to facilitate <p>Behavior: Participants will be able to...</p> <ul style="list-style-type: none"> • Facilitate wide range of groups and programs <p>Cognitive: Participants will know...</p> <ul style="list-style-type: none"> • To fit their energy and space to the group and program they are leading
AUDIENCE:	Staff
TIMING:	60 Min
APPENDICES:	None
MATERIALS NEEDED:	None
SET-UP DETAILS:	Large room/ Outside

SESSION TIMELINE

Example of a multi-session experience:

- 00:00-00:05 - Introductions
- 00:05-00:15 – Do you want to switch?
- 00:15-00:30 – Triangle connecting group
- 00:30-00:45 – Assumptions

CORNERSTONE 2022 RESOURCE

- 00:40-00:55 –Lead by example
- 00:55-00:60 – Bring it back to camp

SESSION OUTLINE:

- 00:00-00:05 – Introductions

Who is who in the group – name, camp and position

- 00:05-00:15 – Do you want to switch?

First game standing in a circle. The person in the middle goes one by one and asks individuals to change spots. The answer should always be “No”. The participants in the circle are encouraged to make eye contact and switch spots with each other unless it’s their neighbor. The person in the center can only leave the middle when they are catching an open spot. Then the person who didn’t make it is now the new middle.

- 00:15-00:30 – Triangle connecting group

Ask participants to secretly choose 2 individuals in the group. It should be under the-radar and no one should know who you chose.

The group’s mission is to stand still. Participants can only stand still when their secret partners create with them Equilateral triangle. No one should during the exercise. When and if the group stops, the facilitator will ask to reveal the partners so we can double-check that the distance is equal between everyone.

- 00:30-00:45 – Assumptions

Ask for a volunteer with acting skills or Someone who like performing.

Ask them to present to the group 3 scenario and the group has to guess what they were presenting.

The scenarios are:

1. Cross the room, and look to the sides.
2. Cross the room, stop halfway through and go back.
3. Cross the room, stop halfway through, look up, scream and run away.

The facilitator will ask participants to guess after each presentation, make notes of their assumptions.

At the end ask the presenter to share with the group the scenarios they were asked to present.

Discuss with the group what we can learn from the exercise and how it relates to camp.

- 00:40-00:55 –Lead by example

Open Discussion on how leadership in camp is non verbal, when, and how we can use our body language to be more successful?

- 00:55-00:60 – Bring it back to camp

Ask participants what was the most meaningful thing about this session for them and how would they bring it back to camp.