

## II. BEST PRACTICES AND CONSIDERATIONS FOR IMPLEMENTATION

Based on best practices, local and national laws, the CDC Guidelines for Preventing Child Abuse in Youth Serving Organizations, American Camp Association Guidelines, and in consultation with Foundation for Jewish Camp and their Yedid Nefesh Advisory Group of camp professionals and mental health experts, this resource explores nine key areas that help determine a camp's preparedness and ability to support the mental, emotional, social, and spiritual health needs of the youth they serve. These areas are:

1. Camp Protection Policies and Procedures
2. Mental, Emotional, Social, and Spiritual Health Policies and Procedures
3. Nurturing Culture and Spiritual Life
4. Staff Mental, Emotional, Social, and Spiritual Wellbeing Guidelines on Healthy Boundaries
5. Guidelines on Healthy Boundaries
6. Screening and Selecting of Staff and Volunteers
7. Training and Learning
8. Ensuring Safe Environments
9. Communication and Transparency

Each area is explored in more detail below, along with key questions for camp staff and administrators to ask themselves and guidance on how to meet these best practice standards.