

## Pray as You Go!

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**SUMMARY:** Listen! Listen to our deepest wishes, hopes and dreams for a better world. We will invite you to find moments that make prayer and prayer that make moments. The blessings of Radical Amazement that abound at camp and invite gratitude. We will ponder what we become when we pray.

**GOALS:**

- To ponder where and when does the act of praying begin and where is it found?
- To clarify What are the moments of Prayer
- TO CONSIDER WHERE IS THE "SEDER" the order, of the Siddur the prayer book

**AUDIENCE:** No limits, open

**TIMING:** 45 minutes

**MATERIALS:** Appendix

**SET-UP:** Circle

## SESSION TIMELINE

- *00:00-00:10 – Introductions. Name and Hope*
- *00:10-00:35 – Text study*
- *00:35-00:45 – Continued discussion and wrap up*

## SESSION OUTLINE

*00:00-00:10 – Open with introductions name and an idea or reality I hope for*

*00:10-00:35 – Study the prayer texts with prompts clarifying what these words, concepts mean and how they become what we understand as prayer.*

*00:35 00:45- Invite participants to create their own prayer, relating to the hopes they expressed at the opening. Consider moments at camp where prayer could be incorporated. Find those moments beyond what may be the “traditional” times*

## BRINGING IT TO YOUR CAMP

Consider the used and unused spaces at your camp where prayer may resonate even more.