

FRIDAY, OCTOBER 14TH

1:00 – 5:30 PM Families Arrive at Camp and Move In

1:30 – 4:45PM FAMILY TIME

Float through any areas below. Staff will be on duty at:

- Welcome Table (including Snack)
- Pool
- Lake
- Arts & Crafts
- Tot Area w/ Toys (near Dining Pavilion)
- Garden

5:00 PM Shabbat Stroll (bring flashlights & jackets). Wait at your cabins to meet the Stroll. Those in Manzanita cabins should gather at the Ridge Side Bathhouse, those in Tuolumne cabins should gather on the road near the gaga court & pool. Tioga & Tenaya meet at the Central Bathhouse.

5:30 PM Shabbat Blessings & DINNER at Dining Pavilion (bring flashlights & jackets)

Canteen Open 6:00 – 7:00 PM

6:30 PM Song Session at Dining Pavilion

7:00 PM Everyone Meet at Moadone Stage for Orientation to the Weekend

Counselors Meet Kids (Ages 3 & Up) for Introductions

7:30 PM Kabbalat Shabbat at Moadone Stage

8:00 PM Bedtime Ritual followed by SNACK for Kids at Moadone Stage

8:30 PM Parents put kids to bed

9:00 PM Shmira (Staff Bunk Patrol) until 11:00 PM

9:15PM ADULT EVENING PROGRAMS (MEET IN DINING PAVILION)

9:15 PM Snack: Wine, Beer, and great noshes too!

- 9:30 PM • Community & Friendship Building in Dining Pavilion
- Night Stroll & Star Gazing (Meet at Dining Pavilion) w/ **Hike Leader**

11:00 PM Parents back on duty with their kids

SATURDAY, OCTOBER 15TH – SHABBAT SHALOM!

7:20 AM Childcare Available at Swing Set (near Moadone)

7:30 AM Exercise Ridge Walk (Meet at Dining Pavilion) w/ **Hike Leader**

Yoga Flow w/ **Ariel Young** at Moadone

8:00 – 9:00 AM BREAKFAST

Canteen Open 8:30 – 9:15 AM

9:15 AM All Families Meet at Dining Pavilion

- Kid Day Groups dismissed to Makom Shalom (Ages 4 & up will go to Torah Service, Ages 2-3 will do alternate activities) (If you want to keep your young child with you during Torah Service, you may)

- Adults stay at Dining Pavilion to learn about morning activity choices

9:45 – 10:45 AM Torah Service at Makom Shalom

11:00AM – 12:15PM ADULTS & KIDS HAVE SEPARATE PROGRAMS

Campers with Counselors

Adults Choose From:

- High Ropes Course (Starts at 11:00 AM)
- Arts & Crafts
- Pool
- Lake
- *River Hike & Swimming at Paradise* (Meet at Flagpole) w/ **Hike Leaders**
- *Goat Milk Soap* w/ **Morgan Smith** at Garden
- *Yoga Flow* w/ **Ariel Young** at Moadone
- *Franchising the Family* w/ **David Green**
- *Helping Your Kids Create a Consent Culture* w/ **Zephira Derblich-Milea**
- *Macrame* w/ **Hannah Pickar**

11:00AM – 12:15PM ADULTS & BABY (UNDER 2) OPTIONS:

- Pool
- Boating & Frog Catching @ Lake
- Play Structure/Swing Set (near Moadone)
- Arts & Crafts
- Tot Area w/ Toys (near Dining Pavilion)

12:15 PM Parents meet campers and counselors at Dining Pavilion

12:30 PM LUNCH

Canteen Open 1:00 – 2:00 PM

1:30 – 2:30 PM Rest Hour: Parents with their children

2:30 – 5:15PM FAMILY ACTIVITIES & FLOATS

Parents are responsible for their children during this time. As a family, either participate in an organized activity, or “float” through any of the areas below:

- Pool
- Lake
- Arts & Crafts
- Archery
- Ping-Pong
- Basketball
- Gaga (Israeli dodgeball)
- Garden
- **Sukkah Decorating** at Sukkah (near the Lake)

Programs with Specific Start Times:

- Starts at 2:45 PM & 3:30 PM: High Ropes Course for Adults & Kids Ages 6+
- 2:30 PM (Meet at Flagpole): *Short River Hike & Swimming at Pipeline* w/ **Hike Leaders**
- 4:00 PM: Talent Show Sign-Ups at Moadone Stage

3:00 – 4:00 PM Snack: Help yourselves to snack in the Dining Hall

5:30 PM BBQ DINNER (bring flashlights & jackets)

Canteen Open 6:00 – 7:00 PM

6:30 PM Song Session at Dining Pavilion

7:00 PM Family Talent Show followed by Havdalah at Moadone Stage

8:00 PM Bedtime Ritual followed by SNACK for Kids at Moadone Stage

8:15 PM Parents put kids to bed

9:00 PM Shmira (Staff Bunk Patrol) until 11:00 PM

9:15PM ADULT EVENING PROGRAM (MEET AT DINING HALL BACK PORCH)

9:15 PM Snack: Wine, Beer, and great noshes too!

9:30 PM Adult Outdoor Silent Disco Dance! (at Dining Hall Back Porch)

11:00 PM Parents back on duty with their kids

SUNDAY, OCTOBER 16TH

- 7:20 AM Childcare Available at Swing Set (near Moadone)
7:30 AM Exercise Ridge Walk (Meet at Dining Pavilion) w/ **Hike Leader**
Yoga Flow & Mindfulness w/ **Ariel Young** at Moadone
8:00 – 9:00 AM BREAKFAST
Canteen Open 8:30 – 9:15 AM
9:15 AM **All Families Meet at Dining Pavilion**
- Kid Day Groups dismissed to activities
- Adults stay at Dining Pavilion to learn about morning activity choices

9:30 – 11:30AM ADULTS & KIDS HAVE SEPARATE PROGRAMS

Campers with Counselors

From 9:30 – 11:00 AM, Adults Choose From:

- Pool
- Lake
- Arts & Crafts
- Yoga Flow w/ **Ariel Young** at Moadone
- Hike to Middle Falls (Meet at Flagpole) w/ **Hike Leaders**
- *The Psychological-Spiritual Dimensions of Sukkot* w/ **Sam Shonkoff, PhD**
- *Helping Kids Create Healthy Boundaries* w/ **Zephira Derblich-Milea**
- *Embroidery* w/ **Hannah Pickar**

9:30 – 11:00AM ADULTS & BABY (UNDER 2) OPTIONS:

- Pool
- Boating & Frog Catching @ Lake
- Play Structure/Swing Set (near Moadone)
- Arts & Crafts
- Tot Area w/ Toys (near Dining Pavilion)

11:00 AM: All workshops and drop-in locations end for adults

- 11:00 – 11:30 AM Parents have time to pack while kids are with counselors
11:30 AM **Parents meet campers and counselors at Dining Pavilion**
11:45 AM LUNCH
Canteen Open 11:30 AM – 12:30 PM
12:30 – 1:00 PM **Final Shalom Circle (Meet at The Lawn)**
1:00 PM Head Home Down Country Roads!

SHALOM CHAVERIM! SEE YOU NEXT YEAR!