



## Who Opens Our Eyes: Seeing Games



### Overview:

Part of the morning prayer service in Jewish tradition includes giving thanks to God for the gift of sight. We recite: “Blessed are you God, Ruler of the Universe, *\*who opens the eyes of those who do not see.\**” (\* פוקח עורים \*סֵק-כַּי-אַח עֵיבְרִים\*)

These activities can help families appreciate their sense of sight and the visible beauty of the world.

### Instructions

#### Game one: Camera

This game is played in pairs – either an adult and a child, or two older children. (Younger children typically can’t safely guide a blindfolded child.) One person is blindfolded, and the other person is the guide.

The guide leads the blindfolded person to a spot they think is especially beautiful, gently directing their body and head towards the view. When the blindfolded person is correctly positioned the guide calls “po-kay-ach eevrim!” and removes the blindfold to reveal a beautiful sight. Repeat, switching roles if possible.

#### Game two: Micro-hike

Give each child or pair an empty picture frame, avhula hoop, or a long piece of string tied into a loop. Invite them to lay the object on an interesting part of the lawn, lie down for an up-close view, and pretend they are the size of an ant. What do they see in the frame or in the string? Consider offering a magnifying glass to better explore their new perspective.

### Additional Jewish Content

Use this video to learn how to recite the blessing “pokeach ivrim.”

<https://drive.google.com/file/d/1j9tF1MLDxBEzjsk-2ve6EV77JNdCmt7I/view?usp=sharing>