

HOW GOOD IT IS TO BE TOGETHER... BRAIDING CHALLAH!



Practice braiding your own play-doh challah!

If you'd like, you can recite the blessing over the challah:

Transliteration

*Baruch atah, Adonai
Eloheinu melech haolam,
hamotzi lechem min haaretz.*

Translation

Blessed are You, Adonai our God, Sovereign of all,
who brings forth bread from the earth.

Hebrew

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר
קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצָנְוָנוּ עַל נְטִילַת יָדַי

This blessing is called the Hamotzi and is traditionally recited before any bread is consumed.

At camp, you might say the Hamotzi before meals or when blessing the challah for Shabbat.

HOW GOOD IT IS TO BE TOGETHER... LIGHTING CANDLES!



Take a match and “light” the two Shabbat candles.

If you’d like, you can recite the blessing over the candles as you light:

Transliteration

Baruch atah, Adonai
Eloheinu melech haolam,
Asher kid’shanu b’mitzvotav v’zivanu l’hadlik ner
Shel Shabbat.

Translation

Blessed are You, Eternal our God, Sovereign of
time and space. You hallow us with Your mitzvot
and command us to kindle the lights of Shabbat.

Hebrew

ברוך אתה, יי אלהינו, מלך העולם, אשר קדשנו במצותיו, וצונו

Candles are lit right before sundown to welcome in Shabbat. Along with their practical use, lighting the Shabbat candles also has many symbolic meanings, such as honor, peace in the home, joy, and beauty.

At camp, you might light Shabbat candles as part of your Shabbat celebration.

HOW GOOD IT IS TO BE TOGETHER... WRITING SHABBAT-O-GRAMS!



Take a pen and sheet of paper and write a Shabbat-O-Gram (note of appreciation) for someone!

Are you writing to yourself, a peer here, a friend elsewhere?

Consider reflecting on your week - how did the person you're writing to contribute to it?

Find a time to deliver your Shabbat-O-Gram!

HOW GOOD IT IS TO BE TOGETHER... ON A SHABBAT STROLL!



Take in the surroundings (pictures) of camp and take a stroll along the wall!

You could walk, skip, or crawl alongside these images.

At camp, your community might go on a “Shabbat Stroll” as everyone walks from their activities and bunk areas to the location of All-Camp Shabbat. You might walk arm-in-arm, shout cheers, or sing songs as you walk.

What happens when you stroll along these images with your eyes closed? While humming a song? While walking with someone else?

HOW GOOD IT IS TO BE TOGETHER... SINGING MUSIC!



Sing, dance, and play along to *Hinei Mah Tov!*

HOW GOOD IT IS TO BE TOGETHER... ISRAELI DANCING!



Follow the choreography on the screen, or freestyle and make up your own!

HOW GOOD IT IS TO BE TOGETHER... PLAYING GAMES!



How many M&Ms can you transfer to the bowl before time runs out?!

1. Take a pack of M&Ms and place them on the table or in a bowl.
2. Place an empty bowl next to your M&Ms.
3. Take a straw and set a timer for 15 seconds!
4. Use the straw to suck the M&Ms and transfer them to the empty bowl. No hands!
5. Stop once the timer is complete.

For extra fun, compete at the same time as a friend!

At camp, you might play a “minute-to-win-it” style activity as part of a Shabbat game show or challenge program at the weekly Shabbat celebration.

HOW GOOD IT IS TO BE TOGETHER... MAKING SUNSET ART



Shabbat begins every Friday evening at sundown. At day camp, we break the rules and start our Shabbat celebrations a little earlier in the day.

What if we *did* symbolically create a sunset to welcome in Shabbat at camp?

Take some sand and a vial to create your own sunset in the jar! Along the way, please add a drop of colorful sand to the large hourglass timer.

At camp, you might create your community's own version of a sunset timer. As the sand falls, you watch a kind of sunset happen. When the sunset concludes, Shabbat at camp is here.

Campers might also create their own sunsets in a bottle to take home with them, reminding them of their colorful Shabbat at camp to their Shabbat or weekend celebrations at home.